



The St. Paul's Beacon

St. Paul's Episcopal Church
16457 Old Frederick Road,
Mt. Airy, MD. 21771 (410-489-4411)

June 2016

Rector's Reflection

Prayer and Relaxation

This year at the Diocesan Convention I purchased a lovely set of prayer beads. St. John's Episcopal Church in Laytonsville has an ongoing prayer bead ministry - and they had a table with many sets for sale.

I have found it is important to have relaxation and meditation processes. Praying with beads is one method I have found most helpful. It is important to find ways to reduce stress.

There are many ways to reduce stress and nurture self: go to a museum and look at great paintings, listen to music, look at a book with beautiful pictures, call a best friend, take a hike or walk for the joy of it, tell a joke, pray, read something funny or inspirational, dig in your garden, make something delicious for someone.

..... What else?

You can imagine something you do that is for joy, not for your self-improvement or perfection. Author Anne Lamott writes, "Perfection is the voice of the oppressor, the enemy of the people. It will keep you cramped and insane your whole life".

Times of relaxation help us to find balance and to counter the times of stress in our lives. Jesus often went away by himself to pray and relax. He also called the disciples to join him at such times. If our lives are filled with worries, anxieties, resentments and pressure, it is helpful to include times of prayer and relaxation to give us balance.

May you discover methods to release, relax and refresh!

Grace and peace to you!

Your Sister in Christ,

The Rev. Susan S. Keller+

Mark Your Calendars

Thursday June 2 & 16,
5:00 p.m. Stephen Ministry Meeting

Thursday, June 16,
6:30 p.m. Vestry Meeting

Saturday, June 18, 7:00 p.m.
Bingo

Sunday, June 26, Our service will be at 10:00 a.m. followed by St. Paul's picnic/ birthday party.

All Welcome!

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Summer Service schedule begins ~ Sunday, June 5, **ONLY ONE SERVICE** at **9:00 a.m.**

**Except, Sunday, June 26<sup>th</sup>, at 10:00a.m.**

**Saturday**, July 30, 6:00 p.m.  
Paint Out

# The 232<sup>nd</sup> Annual Diocesan Convention

## Encounter Christ: Engage the World

**Love Thy Neighbor. What to say? What to do?** Were the questions asked at this rousing and energetic convening of governance of the body of our Diocese and of our Church. Each day began with traditional lively worship including majestic, fun and inspirational music. It always amazing to me how wonderful hymns sound when more than four hundred people are singing together.

The Rev. Susan K. Keller, Carrie A. Brown, and I attended the Diocesan Convention at Turf Valley, Friday May 13, and Saturday May 14. This was my first time attending, and I found it to be action packed, star studded, and very exciting!

The Friday session included convention Eucharist, business sessions, table discussions and workshops. The celebrant for convention Eucharist was the Rt. Rev. Eugene Taylor Sutton. The preacher was the Rt. Rev. Chilton R. Knudsen.

The business sessions included the standard seating and voice process, appointments, and voting for new members of Diocesan Committees, which I will now break down. All the following were elected till 2019. To the Compensation & Benefits Committee, lay order, Mr. John Repulski and cleric, the Rev. Sarah Lamming. To Diocesan Council, members at large, Dr. Angela Seaton, and Mr. Waymon Wright, lay and the Rev. Tom Hudson, cleric. To the Disciplinary Board, The Hon. John Henderson, lay and the Rev. Alistair So, and the Rev. Arianne Weeks were the clerics elected. To the Standing Committee, Mr. Jesse Milan Jr. was elected in the lay order and the clergy elected were the Rev. Mark Gatza and the Rev. Stewart Lucas.

The Very Rev. Michael D. Kinman, Dean of Christ Church Cathedral, in the Episcopal Diocese of St. Louis, Missouri, Convention's keynoter, delivered a very thoughtful, passionate

and biblically centered message addressing current social and economic issues.

Following Dean Kinman's address, each Resolution was reviewed and discussed in small table groups. Each individual was invited to submitted feedback, in writing, on cards provided for each Resolution. The sponsors of each Resolution were given their respective cards. The information gleaned from the table discussions and feedback cards provides opportunity for remarks, suggestions and Resolution changes, if necessary, before the Resolution comes to the floor. This process saves "floor" time and enables everyone to "speak" (using the cards) about each Resolution.

The workshop that I chose for Friday was titled Religious Community and Police Relations. It was conducted by Lt. Col. Melvin Russell, of the Baltimore City Police Department. This was a very interesting presentation, in which Lt. Col. Russell spoke of returning the Department to a "Foot Patrol Curriculum", and striving to create a balance of "Relational Equity", within a faith based outreach to the different communities within Baltimore City.

Saturday begin with Morning Prayer, led by Ms. Kate Riley, Youth Missioner, with the Very Rev. Mike Kinman as preacher. Morning Prayer was followed by business sessions, in which Resolutions presented to the Convention were read, discussed, and voted upon. Below is a summary of the Resolution outcomes. For further details of what each Resolution included, please reference the Diocesan Website [www.episcopalmaryland.org](http://www.episcopalmaryland.org), or the printouts of each Resolution on the table in the Parish Hall.

Resolution 2016-01, Clergy and Lay Employee Compensation, passed as submitted.

Resolution 2016-02, Adoption of Updated Alcohol Use Guidelines, passed as submitted.

Resolution 2016-03, Companion Relationship with Diocese of Puerto Rico, passed as submitted with much celebration. The Rt. Rev. Wilfrido Ramos-Orench and Delegation from Puerto Rico were present.

Resolution 2016-04, Recommendation of Origen of Alexandria to be included in the calendar of people commemorated in the Episcopal Church, passed as submitted.

Resolution 2016-05, Amendment of Diocesan Canons, passed with one amendment.

Resolution 2016-06, Amendment of Cathedral Chapter By-laws, passed as submitted

Resolution 2016-07, passed substitute resolution as submitted

Resolution 2016-08, Reparations Investment, was committed to Diocesan Council.

Convention guest, Dr. David Wilson, President of Morgan State University, spoke about the partnership between our Diocese and Morgan: the Bishop Eugene Taylor Sutton High School Scholars Summer Enrichment Program.

The workshop that I attended Saturday was titled Voices of the Movement: A community Listening Session. This session was led by Dean Kinman, and from our Diocese the Rev. Sara Shisler Goff, of the Slate Project, of Baltimore, and Listening Hearts. They brought together powerful, young voices from each city, to address social unrest, and the evolution of the Black Lives Matter movement. The question addressed was "Where God is calling us to meet Christ and be the church in new ways, in the new Civil Rights movement."

Convention concluded with our diocesan bishop's address. Bishop Sutton give a clear vision of "Love Thy Neighbor" and what that should look like in this dioceses and beyond.

At the Convention, we were immersed in wonderful preaching, beautiful music, and delicious food. A great deal of learning, studying, voting, networking, and shopping were packed into two days. Though I was exhausted by the end, I hope to return next year as your Delegate.

Dorothy B. Kitt, Delegate

## A note of Thanks from Dottie Streaker

Over the past months, I have been struggling with chronic pain from a fractured sacrum, in addition to COPD and respiratory issues.

I want to thank parishioners and friends for your prayers, get well cards, text messages and phone calls. A very special thanks to the two or three ladies who come to our home regularly to give Bryan and me communion. All of these things are appreciated and bring a touch of happiness to each day.



Furthermore, thank you St. Paul's for having available durable medical supplies – walker, and wheelchair- available for loan. I never thought I would need the use of these items. Many thanks.

Dottie Streaker

## St. Paul's Nearly New Shop

May 25, 2016

Just a note to thank you for your support and patronage over time and to announce the expansion of our Outreach Program.

The purpose of our Shop has always been to generate funds and/or resources to help those in our area needing assistance and to support a myriad of worthy organizations such as:

Frederick Rescue Mission; Mt. Airy Net; Therapeutic Riding Center; Springfield State Hospital; Heifer International; Washington Children's Center

Now, thanks to the continuing support of our customers, we are extremely pleased to announce two new organizations to which we have made a financial commitment:

Shriner's Hospital for Children and St. Jude's Hospital for Children

None of this would be possible without you, our customers, and we are extremely grateful.

St. Paul's Nearly New Shop ~ Phyllis Weston

**On Sunday, June 5<sup>th</sup>, our Summer Schedule** (June through Labor Day weekend) begins – **ONE service at 9:00 a.m.** – Holy Eucharist and hospitality hour following.

**Except, on Sunday, June 26<sup>th</sup>, the service will be at 10:00 a.m.**

The regular schedule will resume Sunday, **September 11**. Mark your calendars.

## St. Paul's Birthday Party and Picnic

will be on **Sunday, June 26 ~ following the 10:00 a.m. service. (NOTE CHANGE OF TIME FOR SERVICE)**

This year our church will be 133 years old. To celebrate our birthday and the feast day (St. Peter and St. Paul, Martyrs, June 29), we will have our annual parish picnic/birthday party with hot dogs, hamburgers, side dishes, cake and ice cream and presents. A food sign-up sheet will be on the parish hall table. If you would like to bring a birthday gift to help celebrate this special occasion – below is a list of items the church can use. Two pews will be roped off to hold the gifts. Let's make **Sunday, June 26** a special time for our parish as we celebrate and give thanks to God for the past 133 years and for the future of our parish family.



### Needed Birthday Items

Paper 8 ½ X 11 – 20 lb. white  
8 ½ X 14 – 20 lb. white  
8 ½ X 11 – 20 lb. yellow, golden rod, light pink, blue and green

Business envelopes #10  
Trash bags 13 gal. with drawstring  
Hot cups 8 oz.  
Cold cups 8-9 oz.  
Sugar  
Powdered coffee creamer  
Foil – regular 12 inch

Plastic wrap – 12 inch  
Disinfectant spray and wipes  
Liquid hand soap/Dish Detergent  
Toilet paper(2 ply, please)  
Paper towels/Napkins

Storage/Freezer bags-all sizes  
Plastic ware – white: forks, knives, spoons  
Sturdy paper plates/Bowls – white  
small – 6-7 inch  
medium 8-9 inch  
large 10 inch

Please, **NO STYROFOAM**

Donations of money and gift cards are welcome to help purchase any large items needed.

Any questions, see or call Linda Barnes 443-604-3402.



**\$\$ Scrip \$\$** ~ Please purchase scrip/gift cards to use wherever you shop. Also, please enlist your neighbors, friends and family to participate in our scrip program on a regular basis.

Pete McIntosh, Coordinator

## Helping Hands Outreach



Welcome to Summer!!! Remember the Helping Hands outreach team is ready to help you. Please let one of the team members know where you can use some help or call Dick Wilcher at his home at 301-829-3908 and we will schedule a time to help you.



**Bazaar Notes** – Our Holiday Bazaar will be on Saturday, November 5, 9:00 a.m. -2:00 p.m. Whatever your craft/talent is, put it to work.

Needed items: homemade gifts/fancy items, Christmas tree ornaments, decorations for Thanksgiving and Christmas, baked

goods/sweets, items for the collectibles table, items for silent auction and gifts-to-go, food prepared for gourmet-to-go (recipes are given out) and food for the snack bar. Monetary donations are appreciated to help buy supplies for bread making, cheese balls, and for the snack bar. A third raffle item is needed, preferably an afghan. If you knit or crochet, can you help?

Summer Canning

When you do your canning, please put aside a few jars of your homemade jams, jellies, pickles, etc. for the baked/sweet table. Homemade items are always very popular.

Collectibles Table

Items needed: china, glass, pottery, milk and carnival glass, pewter, figurines, and much more. There is no limit to this table. As you clean out your basements, closets and cubby holes, and you have items you no longer want, Etta Lee can use them at her table. Leave your item(s) on the table in the parish hall and mark it for the collectibles table.

Craft kits for the bazaar can be found on the small square table in the parish hall. Please look through the box to see what you can make.

Remember it doesn't take a few people for the Bazaar to be successful ~ it takes everyone helping, participating and attending. Call 443-604-3402, Linda Barnes if you have questions.

**On Father's Day**, Sunday, June 19<sup>th</sup>, all men will receive a pack of homemade sugar cookies. We have all done some fathering to our loved ones or to our beloved pets. Enjoy the treat.



**Congratulations Graduates**

Max Tuel, grandson of Helen & John Tuel, graduated from high school. Working on plans for the future.



**Medical Equipment Available**

For those who are unaware, St. Paul's maintains a small supply of commonly used medical aids to provide no-cost assistance to the members and families of the parish that may have a need. They are stored in the Parish Life Center and can be borrowed by making a simple and private request. The available items include:

- IV Pole (1)
- Hospital bed table (1)
- Wheel chairs (2)
- Travel chairs (2)
- Crutches (5 pair)
- Raised toilet seats (2)
- Potty chairs (2)
- Toilet assist frame (1)
- Walker-with & w/o wheels (2 ea)
- Canes(quad and single base)

Anyone having need of these devices is asked to contact the Parish Office with the specifics of their request and arrangements will be made to provide the needed assistance as soon as practical. Please do not hesitate to contact Pete McIntosh or me if you have any questions relating to this program. Thanks and God bless!

Jeff Spaulding; Senior Warden

**Most Unorganized Bingo Fun Night**

June 18th at 7:00 P.M. - The goal is for people of all ages to have fun. That's it. The prizes will be nothing special, but we will have hem. Snack and drinks will be provided. Please join us for a fun night out.

Lafon Jones, son of Stephen & Mei-Ling Jones, graduated from UMBC. He will attend Pharmacy school in the fall.

Victoria Barry, great niece of Michele & Charles Samuel, graduated from Tulane University in New Orleans. Working on plans for the future.

## Happy Birthday To:

|                |         |
|----------------|---------|
| Dallas Reeve   | June 05 |
| Linda Barnes   | June 05 |
| Greg Humphreys | June 10 |
| Bryan Streaker | June 16 |
| Ginny Chandler | June 18 |
| Becky Wilcher  | June 21 |
| Pete McIntosh  | June 25 |
| Ron Alexander  | June 26 |
| Dorothy Kitt   | June 26 |



## Happy Anniversary To:

|                      |         |
|----------------------|---------|
| Leo & Barb Campion   | June 11 |
| Dick & Doris Wilcher | June 16 |
| John & Helen Tuel    | June 27 |

## Prayer List

Paul Bourg  
 Trudi Lawson  
 Dave Lawson  
 Dallas Reeve  
 Michael Toole  
 Keith Prentice  
 Phyllis Heffner  
 Doris Sharp  
 Bill Winebrunner  
 Joannie Lee  
 Kurt VonHurst  
 Allene VonHurst  
 Al Parker  
 Craig Johnson  
 Joanne Johnson  
 Jeffrey Johnson  
 Lora Hollands  
 Pam Sherfey  
 Debbie Gardner  
 Ann Boyles  
 Sandra & Stanley Napier  
 Irene Hordubay  
 Beth Husted



Lynn Carr  
 Allison Poleger  
 Sam Lucas  
 John Lucas  
 Mary Wales-North  
 Teresa  
 Patsy Mavity  
 Donna Shurney  
 Kaye Rineer  
 Belinda Blizzard  
 Janice Esler  
 Matt Willingham  
 Susie Gibson  
 Andrew Oberle  
 Joey  
 Herb & Mary Jo Grabau  
 John Tuel  
 Delphine Koval  
 John Belous  
 Bill Aaron  
 Albert Hutchison  
 Katherine Gilbeertz  
 Ryan Merton  
 Betty Fritzges  
 Kathleen Rumble  
 Nancy McIntosh  
 Ginny Triplett  
 Marie Cagle  
 Jim Harry  
 Dottie Streaker  
 Brian Thompson  
 James Anthony  
 Thomas Stevens  
 Joan Selden  
 Joe Goins  
 Gil Seibel  
 Suzanne Bourg  
 The Fentons  
 Carolyn Prentice

Please help us keep our  
 prayer list current.

*O Lord,  
 Only you know how hard life  
 has been for me.  
 Only you have seen each  
 moment of my day and night.*

*Only you feel my pain and  
 understand my discomfort.  
 Only you are beside me  
 through my grief and sorrow.  
 Only you have been within  
 each moment to comfort me.  
 O Lord, break through the  
 loneliness of my suffering.  
 You have encountered sorrow  
 and laid a glorious path  
 Of hope, healing and the  
 promise of heaven in my  
 heart. Amen.*

## Upcoming Events

**Saturday, June 18, 7:00 p.m.**  
**Bingo**

**Thursday, June 2 & 16, 5:00  
 p.m.** Stephen Ministry Meeting

**Thursday, June 16, 6:30 p.m.**  
 Vestry Meeting

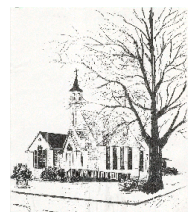
**Sunday, June 26, service will  
 be at 10:00 a.m.** followed by  
 St. Paul's birthday/picnic party.

**Saturday, July 30, 5:00 p.m.**  
**Paint Out**

**Summer schedule begins**

**Sunday June 5<sup>th</sup>, ONE  
 SERVICE ONLY at 9:00 a.m.**  
 on Sundays, except on  
 Sunday, June 26<sup>th</sup> the service  
 will be at **10:00 a.m.**

**St. Paul's  
 "A shining  
 light in the  
 community."**



## PASTORAL CONCERNS

Pastoral issues and concerns are important to us. Please contact the Rev. Susan S. Keller, at 301-785-1687 or [revssk@yahoo.com](mailto:revssk@yahoo.com). You may also call the church, 410-489-4411, Monday through Friday, 9:00-12:00.

Parish Email:

[stpaulschurch-mtairy@verizon.net](mailto:stpaulschurch-mtairy@verizon.net)

[www.stpaulsmtairy.org](http://www.stpaulsmtairy.org)

### Sunday Breakfast



### All you can eat

**June 12, Lisbon Fire Hall**  
7:30 a.m. -11:30 a.m.  
Adults-\$7.00; Children 6-11 \$4.00; 5 and under free.

**June 19, Mt. Airy Fire Hall**  
8:00 a.m.-11:30 a.m.  
Adults \$8.00

**June 26, St. Michaels Church**  
8:30 a.m. – 12:30 Adults \$8.00  
Children 5-12 \$4.00.  
Under 5 free.

## A Father's Day Prayer

God,  
Bless all the fathers in the world. Father, we ask that You guide them to be good role models and loving to their children. We also ask that You help them to be a father like You are. Give them grace and patience to handle situations in a loving way.  
Amen

### VISION STATEMENT

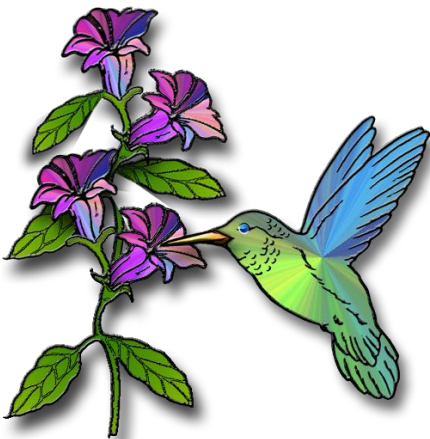
**Our Vision is:** A community of faith ministering to those in need of justice, reconciliation, hospitality, sanctuary, and growth in their spiritual journey.

### MISSION STATEMENT

**Our Mission is:** To carry the good news of Jesus Christ into the community by word and deed and to help all people experience God's presence in their daily lives.



**July Newsletter**  
deadline is  
June 20, 2016.



## June 2016 ~ Church Calendar

| Sunday                                                                                                 | Monday    | Tuesday                  | Wednesday                       | Thursday                                                         | Friday                                             | Saturday                                           |
|--------------------------------------------------------------------------------------------------------|-----------|--------------------------|---------------------------------|------------------------------------------------------------------|----------------------------------------------------|----------------------------------------------------|
|                                                                                                        |           |                          | <b>1</b>                        | <b>2</b><br><u>11:30-3:00</u><br>Thrift Shop Open                | <b>3</b><br><u>11:30-3:00</u><br>Thrift Shop Open  | <b>4</b><br><u>11:30-3:00</u><br>Thrift Shop Open  |
|                                                                                                        |           |                          |                                 | 5:00 pm Stephen<br>Minister Mtg.                                 |                                                    |                                                    |
| <b>5</b><br><u>9:00 a.m.</u> Rite II                                                                   | <b>6</b>  | <b>7</b>                 | <b>8</b>                        | <b>9</b><br><u>11:30-3:00</u><br>Thrift Shop Open                | <b>10</b><br><u>11:30-3:00</u><br>Thrift Shop Open | <b>11</b><br><u>11:30-3:00</u><br>Thrift Shop Open |
| Hospitality Hour<br><i>following</i>                                                                   |           |                          |                                 | <i>Columba of Iona</i>                                           |                                                    | <i>St. Barnabas</i>                                |
| <b>12</b><br><u>9:00 a.m.</u> Rite II                                                                  | <b>13</b> | <b>14</b>                | <b>15</b>                       | <b>16</b><br><u>11:30-3:00</u><br>Thrift Shop Open               | <b>17</b><br><u>11:30-3:00</u><br>Thrift Shop Open | <b>18</b><br><u>11:30-3:00</u><br>Thrift Shop Open |
| <i>Hospitality Hour</i><br><i>following</i>                                                            |           | <i>Basil the Great</i>   | <i>Evelyn Underhill</i>         | 5:00 pm Stephen<br>Minister Mtg.<br><u>6:30 p.m.</u> Vestry Mtg. |                                                    | <i>Bernard Mizeki</i>                              |
| <b>19</b><br><u>9:00 a.m.</u> Rite II                                                                  | <b>20</b> | <b>21</b>                | <b>22</b>                       | <b>23</b><br><u>11:30-3:00</u><br>Thrift Shop Open               | <b>24</b><br><u>11:30-3:00</u><br>Thrift Shop Open | <b>25</b><br><u>11:30-3:00</u><br>Thrift Shop Open |
| <i>Hospitality Hour</i><br><i>following</i>                                                            |           |                          | <i>Alban of Britain</i>         |                                                                  |                                                    |                                                    |
| <b>26</b><br><u>10:00 a.m.</u> Rite II<br>St. Paul's Feast Day<br>Birthday/Picnic<br>following service | <b>27</b> | <b>28</b>                | <b>29</b>                       | <b>30</b><br><u>11:30-3:00</u><br>Thrift Shop Open               |                                                    |                                                    |
|                                                                                                        |           | <i>Irenaeus of Lyons</i> | <i>St. Peter &amp; St. Paul</i> |                                                                  |                                                    |                                                    |



## June 2016 ~ SERVICE CALENDAR

**IF YOU ARE UNABLE TO WORK, PLEASE FIND A REPLACEMENT**

|                                  | June 5<br>3 <sup>rd</sup> Sunday after Pentecost<br>Green | June 12,<br>4 <sup>th</sup> Sunday after Pentecost<br>Green | June 19,<br>5 <sup>th</sup> Sunday after Pentecost<br>Green | June 26,<br>6 <sup>th</sup> Sunday after Pentecost<br>Green |
|----------------------------------|-----------------------------------------------------------|-------------------------------------------------------------|-------------------------------------------------------------|-------------------------------------------------------------|
|                                  | <b>9:00 A.M.</b>                                          | <b>9:00 A. M.</b>                                           | <b>9:00 A. M.</b>                                           | <b>10:00 A.M.</b>                                           |
| <b>Greeter/usher</b>             | Greg & Norma Prentice                                     | Dana Fritzges,<br>Linda Sharp                               | Michele Samuel,<br>Al Yeater                                | Linda Barnes                                                |
| <b>Chalicer</b>                  | Ron Alexander                                             | Pete McIntosh                                               | Leo Campion                                                 | Jeff Spaulding                                              |
| <b>Acolyte</b>                   | Ron Alexander                                             | Dorothy Kitt                                                | Leo Campion                                                 | Dorothy Kitt                                                |
| <b>Lector</b>                    | Kathleen Alexander                                        | Bill Toole                                                  | Charles Samuel                                              | Helen Tuel                                                  |
| <b>Psalm</b>                     | Dorothy Kitt                                              | Phyllis Heffner                                             | Irene Hillen                                                | John Tuel                                                   |
| <b>Prayers of<br/>the People</b> | Irene Hillen                                              | Nancy McIntosh                                              | Barb Campion                                                | Pete McIntosh                                               |
| <b>Altar Guild</b>               | Dana Fritzges,<br>Kathy Audia                             | Joanne Honsberger,<br>Barb Campion                          | Suzanne Bourg,<br>Linda Barnes                              | Etta Lee Spaulding,<br>Linda Sharp, Pat Marquis             |
| <b>Coffee Hour</b>               | Michele Samuel,<br>Suzanne Bourg                          | Dana Fritzges,<br>Irene Hillen                              | Barb Campion,<br>Doris Wilcher                              | Dorothy Kitt,<br>Carrie Brown                               |
| <b>Counter</b>                   | Lynda Sheckels,<br>Dana Fritzges                          | Nancy & Pete McIntosh                                       | Linda Sharp, Linda Barnes                                   | Celeste Humphreys,<br>John Tuel                             |