



The St. Paul's Beacon

St. Paul's Episcopal Church
16457 Old Frederick Road,
Mt. Airy, MD. 21771 (410-489-4411)

March 2017

Now that we are in the process of looking at systemic change, "Casting Our Nets", perhaps it would be of value to read and meditate on the article below.

Make Change Work for You by Madisyn Taylor

When we experience change in our life we can control our response and reaction to the changes that are happening.



Transformation is a universal constant that affects our lives from the moment we are born until we leave earthly existence behind. At the root of all growth, we find change. Occasionally, change and the circumstances leading up to it are a source of extraordinary joy, but more often than not they provoke feelings of discomfort, fear, or pain. Through many changes are unavoidable, we should not believe that we are subject to the whims of an unpredictable universe. It is our response to those circumstances that will

dictate the nature of our experiences. At the heart of every transformation, no matter how chaotic, there is substance. When we no longer resist change and instead regard it as an opportunity to grow, we find that we are far from helpless in the face of it.



Our role as masters of our own destinies is cemented when we choose to make change work in our favor. Yet before we can truly internalize this power, we must accept that we cannot hide from the changes taking place all around us. Existence as we know it will come to an end at one or more points in our lives, making way for some new and perhaps unexpected mode of being. This transformation will take place whether or not we want it to, and so it is up to us to decide whether we will open our eyes to the blessings hidden amidst disorder or close ourselves off from opportunities hiding behind obstacles.

To make change work for you, look constructively at your situation and ask yourself how you can benefit from the transformation that has taken place. As threatening as change can seem, it is often a sign that a new era of your life has begun. If you reevaluate your plans and goals in the days or weeks following a major change, you will discover that you can adapt your ambition to the circumstances before you and even capitalize on these changes.

Mark Your Calendars

Wednesday, March 1, Ash Wednesday, Noon & 7:00 p.m. services

Sunday, March 5, 9:00 a.m. service.

Thursday, March 9, 6:30 p.m. Vestry Meeting

Sunday, March 12, 19 & 26 8:00 & 10:30 a.m. services

Wednesdays ~ March 8, 15, 22, & 29 6:00 p.m. Soup and Lenten Study



Optimism, enthusiasm, and flexibility will aid you greatly here, as there is nothing to be gained by dwelling on what might have been. Change can hurt in the short term but, if you are willing to embrace it proactively, its lasting impact will nearly always be physically, spiritually, and intellectually transformative.
by Madisyn Taylor

The Season of Lent ~ March 1st ~ Ash Wednesday marks the beginning of the Lenten Season. A solemn 40 days before Easter. Ashes from the burned palms of the previous Palm Sunday are placed in a container on the altar and blessed. With these ashes, the priest makes a cross on the foreheads of the congregation to signify humans as mortal. Services will be at 12:00 noon and 7:00 p.m.~ Holy Eucharist and Imposition of Ashes.

Start off your Lent by attending church on Ash Wednesday.

The following 5 Wednesdays at 6:00 p.m. will be our soup dinner and Lenten Study. Please join in this time of fellowship and discussion. The theme is “Spirituality: Empowered by our Worship”

Each Sunday we will use a different Eucharistic prayer for Holy Communion. Some of these prayers are ancient and some from other parts of the world. We will pray as our ancestors prayed and we will pray in contemporary ways. Please join us in this Lenten journey.

Look forward to receiving your “Lenten Meditation Booklet” from ERD and use it in your daily prayer.



Holy Week

Maundy Thursday ~ April 13, 7:00 p.m. ~ Holy Eucharist and washing of feet.

Good Friday ~ April 14, Ecumenical Stations of the Cross
Time and location information to follow.



At St. Paul's ~ 7:00 p.m.~ Holy Eucharist with reserved sacrament.

Holy Saturday ~ Easter Vigil ~ April 15. 7:30 p.m. Shared worship with St. James, and Grace.

We will celebrate at St. James located 1307 N. Main St., Mt. Airy, MD 21771.
Come and complete your Lenten Journey.

Easter Sunday ~ April 16

9:00 a.m. Festive Celebration of the Resurrection

Bring your keys, chimes and bells!



Legacy Reflection



Why do we do family history work? Through this we learn of our ancestors and increase our love for them. We become inspired by the stories of their courage and faith. We can pass this legacy on to our children. On a recent trip to London, while visiting the tower of London, my sister Sue and I were able to stand in the very spot where our ancestor, Thomas Howard, 3rd Duke of Norfolk, was imprisoned from 1546 to 1553. Charged with “acts against the reformed faith” his execution was avoided when King Henry VIII died and the Council made the decision not to inaugurate the new reign of King Edward VI with bloodshed. This is just one story in the legacy of my ancestor Matthew Howard, patriot and founder of Howard County.

Ginny Chandler



Bishop Eugene Taylor Sutton: Visited St. Paul's on Sunday, February 19th for the Annual Diocesan Visitation.

Congregational Meeting ~ Our Annual Congregational Meeting was held on Sunday, February 5th. Retiring vestry members, Phyllis Heffner, Dorothy Kitt and Stephen Jones were thanked for their service on the Vestry. New Vestry members elected are: Wendy Gahm, Bill Toole, Carrie Brown and Lee Hajek.

The 2017 officers are:

- * Senior Warden: Jeff Spaulding
- * Junior Warden: Pete McIntosh
- * Treasurer: Linda Sharp
- * Registrar: Nancy McIntosh.

Congratulations to all!

The main order of business included committee

reports and activities of our parish. The high light of the meeting was a presentation by our Blue Horizons Team, “Casting Our Nets”. Over all our church is robust and planning for the future.

Many thanks to all who brought food for the brunch following the February 5th, Congregational Meeting and on Sunday February 19th, when Bishop Sutton made his annual visit. All the food was delicious with a nice variety. We do have many good cooks at St. Paul's. Your help is greatly appreciated.

Linda Barnes is extending an invitation to anyone who would like to join her on Thursday, June 15th at Toby's Dinner Theater in Columbia to see “Joseph and the Amazing Technicolor Dream-Coat.” Price is \$55.00 per person. Time is 6:00 p.m. I have heard many favorable comments about the show. Toby's offers a salad bar, a fabulous and delicious buffet plus dessert.

This event is sponsored by the Catonsville Shrine Club. If you are interested, please see or call Linda, 443-604-3402.

Attention: Anyone going to the Thrift Store on Sundays - when you go to the Thrift Store, the yellow rubber stopper is often put between the door frame and the door. This is done so you can get back into the parish hall, without using the pass code. If you want the code, it can be

given to you. Many times that door is left opened and unlocked, without removing the door stopper. That door was installed for the safety and protection of the building, and anyone in the building. If that door is left unlocked and by chance the Thrift Shop and church would be broken into, think of the damage, vandalism and stolen items that would happen. So, **PLEASE**, make sure that door is closed when you come from the Thrift Shop and you are ready to leave. Many thanks. Pete McIntosh; Jr. Warden.

Reminder: March is St. Paul's time to replenish the shelves of Mt. Airy Net.

10 Essential Items (we may forget) ~ Food Pantries need. Please consider donating some the following along with canned goods.

Spices ~ seasoned salt, cayenne pepper, chili powder, cumin, cinnamon, nutmeg, allspice, oregano, basil etc.

Canned meats and jerky ~ to add protein to their diets.

Crackers and tortillas ~ these don't spoil and everyone likes them.

Soup packets ~ hearty soup is a complete meal

Chocolate ~ nice to have for a treat once in a while.

Feminine products ~ pads, tampons, panty liners etc.

Toiletries ~ toilet paper, tooth paste, soap, deodorant, shampoo, etc.

Baby toiletries ~ diapers, baby: wipes, formula, shampoo, soap, food, bottles etc.

Socks ~ to help keep warm and dry.

Cash ~ allows food banks to purchase whatever they need.

St. Paul's Shrove Tuesday Pancake Supper

(All you can eat) will be Tuesday, February 28th, 5:00-7:00 p.m. The menu is: Pancakes, plain, chocolate chip, pecan; sausage, applesauce, dessert, orange juice, milk, coffee and tea.



Free Will Offering

Please tell your neighbors, friends and relatives about our supper – bring them with you when you come to eat your pancakes on “Fat Tuesday”. Take out available.

Help needed: Heather Fish, needs rides from Gaithersburg to TRRC and a return trip home. There is also a living arrangement, a lovely apartment, with this offer. Heather is a wheelchair-user, so it requires driving her van with a ramp. Dick Wilcher, and Susan Hughes having been providing transportation. Heather's father recently passed, and her present aide is returning to New York. Remember: lodging opportunities provided.

Contact Helen Tuel at TRRC #443-745-1777.

Our congratulations and best wishes:

Joyous News! Sarah and Brad Young, and big brother Jack, welcomed their second child into the world on Sunday, January 22, 2017.



In Sarah's words:

Sunday, January 22, 2017 at 11:15 p.m. Harper Grace Young, "Sunny" joined us earth side, (in back seat of car!) 7 lbs. 13 oz. 20 in. Harper includes Har from Harry for Jim Harry. He was so excited I was having a girl. Waiting for hubby to bring car around on the day

we went home from hospital - in lobby a pianist played "Bridge Over Troubled Water" and I felt Jim there with me and Harper. I miss him.

I really miss my St. Paul's family it's tough with kiddos. But I will always get back to visit. I was just thinking of Dallas days before she passed, such sad news. And I was always so fond of Dottie too. She adored Jack and had such a kind way.

Sarah

Big brother, Jackson will help her over the childhood bumps. Let's see some more pictures of the little one.

Bingo Night at St. Paul's~
Feb 11, 2017



Bingo night was well attended and all had a good time. Look for more Bingo nights in the future.

Change Clocks ~ Daylight Saving time begins on



Sunday, March 12. Before going to bed on Saturday night, set your clocks ahead one hour if you want to be on time for your Sunday service.

St. Paul's Thrift Shop

Helpers are still needed to sort and restock on Monday and Wednesday mornings; help carry Mission bags out to the shed on Wednesday mornings, as you are available; and volunteers to sell in the shop at least one day per month on a regular basis. Shop is open Thursday, Friday and Saturday 11:30 - 3:00.

Phyllis Weston & Kathy Audia

St. Paul's Nearly New
Thrift Shop
!! Bargains Galore !!

Each month a different theme will be featured in The St. Paul's Beacon.

As you can guess from the Legacy Reflection, February's theme was "Legacy." You are invited to share in this ministry and write a reflection or thoughts on the theme of the month. The theme of the Month for April will be Creation, Recreation and Resurrection. Please submit your reflection to the parish office by the 20th of the month.

Helping Hands Outreach

The Helping Hands outreach team is ready to help you. Please let Dick Wilcher know if you can use some help, @ 301-829-3908 and he will schedule a time to help you.



Sunday Breakfast All you Can Eat!



March 12, - Lisbon Fire Hall- 7:30 a.m. -11:30 a.m. Adults- \$8.00

March 19, - Mt. Airy Fire Hall 8:00 a.m. -11:30 a.m. Adults \$8.00

March 26, - St. Michaels Church 8:30 a.m. -12:30 a.m. Adults \$8.00; children 5-10 \$4.00; under 5 free.

Stephen Ministry



Stephen Ministry is alive and well! Yes, we are here for you. We want to be your caregiver in your time of loss, grief or pain. Our ministry is a one-to-one confidential relationship between the minister (the caregiver) and you (the care receiver). Please call Lee Hajek, 410-442-1641, if you want more information.

Happy Birthday To

- | | |
|---------------|----------|
| Stephen Jones | March 08 |
| Doris Wilcher | March 15 |
| James Cassera | March 16 |
| Anne Caldwell | March 16 |
| Dave Lawson | March 25 |



Prayer List

- Paul Bourg
- Dave & Trudi Lawson
- Keith Prentice
- Phyllis Heffner
- Doris Sharp
- Bill Winebrunner
- Joannie Lee
- Kurt VonHurst
- Allene VonHurst



Al Parker
 Craig Johnson
 Joanne Johnson
 Jeffrey Johnson
 Lora Hollands
 Pam Sherfey
 Debbie Gardner
 Ann Boyles
 Sandra & Stanley Napier
 Irene Hordubay
 Beth Husted
 Lynn Carr
 Allison Poleger
 Sam Lucas
 John Lucas
 Mary Wales-North
 Patsy Mavity
 Donna Shurney
 Kaye Rineer
 Belinda Blizzard
 Janice Esler
 Matt Willingham
 Susie Gibson
 Herb Grabau
 John Tuel
 Delphine Koval
 John Belous
 Bill Aaron
 Albert Hutchison
 Katherine Gilbeertz
 Ryan Merton
 Kathleen Rumble
 Nancy McIntosh
 Ginny Triplett
 Brian Thompson
 James Anthony
 Thomas Stevens
 Joan Selden
 Gil Seibel
 Suzanne Bourg
 Carolyn Prentice
 Teresa
 Regina Hutchison
 Mary Ellen Hutchison
 Kayleigh McIntosh
 Harless & Peggy H.
 Dottie Williams

Pat & Al Marquis
 Holly
 Bev
 Gerlinde Pflaumer-Yeater
 Jeni Cassera
 Lloyd Fennell
 the Streaker family
 the Reeve family
 Becky
 Nathan Buckley
 Ben Weston

*Heal me, O LORD, and
 I will be healed; save
 me and I will be saved,
 for you are the one I
 praise.*

Jeremiah 17:14

Pastoral Concern

Pastoral issues and concerns are important to us. Please contact the Rev. Susan S. Keller, at 301-785-1687 or revssk@yahoo.com. You may also call the church, 410-489-4411, Monday through Friday, 9:00-12:00. Parish Email: stpaulschurch-mtairy@verizon.net www.stpaulsmtairy.org

Reminder: Please be considerate - wash and put away your cups/dishes after the coffee hours. Many thanks for your help.

VISION STATEMENT

Our Vision is: A community of faith ministering to those in need of justice, reconciliation, hospitality, sanctuary, and growth in their spiritual journey

MISSION STATEMENT

Our Mission is: To carry the good news of Jesus Christ into the community by word and deed and to help all people experience God's presence in their daily lives.



**St. Paul's
 "A shining
 light in the
 community"**



March 2017 ~ Church Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Ash Wednesday	2 <u>11:30-3:00</u> Thrift Shop Open	3 <u>11:30-3:00</u> Thrift Shop Open	4 <u>11:30-3:00</u> Thrift Shop Open
			Noon & 7:00 p.m.	<u>5:00 pm</u> Stephen Minister Mtg.		
5 <u>9:00 a.m.</u> Rite II	6	7		9 <u>11:30-3:00</u> Thrift Shop Open	10 <u>11:30-3:00</u> Thrift Shop Open	11 <u>11:30-3:00</u> Thrift Shop Open
<i>Hospitality Hour following</i>			6:00 p.m. Soup Dinner and Study	<u>6:30 p.m.</u> Vestry Mtg.		
12 <u>8:00 a.m.</u> Rite I <u>9:30a.m.</u> Adult Forum <u>10:30. a.m.</u> Rite II	13	14	15	16 <u>11:30-3:00</u> Thrift Shop Open	17 <u>11:30-3:00</u> Thrift Shop Open	18 <u>11:30-3:00</u> Thrift Shop Open
<i>Hospitality Hour following</i>			6:00 p.m. Soup Dinner and Study	<u>5:00 pm</u> Stephen Minister Mtg.		
19 <u>8:00 a.m.</u> Rite I <u>9:30a.m.</u> Adult Forum <u>10:30. a.m.</u> Rite II	20	21	22	23 <u>11:30-3:00</u> Thrift Shop Open	24 <u>11:30-3:00</u> Thrift Shop Open	25 <u>11:30-3:00</u> Thrift Shop Open
<i>Hospitality Hour Following</i>			6:00 p.m. Soup Dinner and Study			
26 <u>8:00 a.m.</u> Rite I <u>9:30a.m.</u> Adult Forum <u>10:30 a.m.</u> Rite II	27	28	29	30 <u>11:30-3:00</u> Thrift Shop Open	31 <u>11:30-3:00</u> Thrift Shop Open	
<i>Hospitality Hour Following</i>			6:00 p.m. Soup Dinner and Study			

March 2017~ Service Calendar

If you are not able to work, PLEASE find your replacement

	March 5, 1st Sunday in Lent Purple	March 12, 2nd Sunday in Lent Purple		March 19, 3rd Sunday in Lent Purple		March 26, 4th Sunday in Lent Purple	
	<u>9:00 A.M.</u>	<u>8:00 A.M.</u>	<u>10:30 A.M.</u>	<u>8:00 A.M.</u>	<u>10:30 A.M.</u>	<u>8:00 A.M.</u>	<u>10:30 A.M.</u>
Greeter/ Usher/Oblationer	Greg and Norma Prentice	Michelle Samuel, Al Yeater	Linda Sharp, Dana Fritzges	Greg & Norma Prentice	Dana Fritzges,	Al Yeater	Linda Sharp,
Chalicer	Ron Alexander	Leo Campion	Pete McIntosh	Jeff Spaulding	Carrie Brown	Leo Campion	Pete McIntosh
Acolyte(s)	Ron Alexander	Leo Campion	Pete McIntosh	Jeff Spaulding	Carrie Brown	Leo Campion	Pete McIntosh
Lector	Kathleen Alexander	Charles Samuel	Stephen Jones	Al Yeater	Dick Wilcher	Irene Hillen	Helen Tuel
Psalm	Ron Alexander	Charles Samuel	Lee Hajek	Al Yeater	Dick Wilcher	Irene Hillen	John Tuel
Prayers of the People	Kathleen Alexander	Barb Campion	Bill Toole	Kathleen Alexander	Linda Sharp	Barb Campion	Nancy McIntosh
Altar Guild	Dana Fritzges, Kathy Audia	Joanne Honsberger, Barb Campion		Suzanne Bourg, Linda Barnes		Etta Lee Spaulding, Linda Sharp	
Coffee Hour	Ginny Chandler, Helen Tuel	Michele Samuel, Suzanne Bourg		Dana Fritzges, Irene Hillen		Barb Campion, Doris Wilcher	
Counter	Celeste Humphreys, John Tuel	Lynda Sheckels, Etta Lee Spaulding		Irene & Jim Hillen		Lynda Sheckels, Dana Fritzges	

Altar Guild ~ Ash Wednesday ~ March 1

Noon Suzanne Bourg, Linda Barnes
7:00 p.m. Etta Lee Spaulding, Linda Sharp